



JUNIOR LEAGUE OF CHAMPAIGN-URBANA

Women building better communities

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Press Release and Invitation to Cover

Junior League joins fight against childhood obesity

Since the early 1970's, the number of overweight children ages 12-19 in the United States has doubled, and the number of overweight children ages 6-11 has tripled. What is being done to remedy this growing epidemic?

During national volunteer week, the Junior League of Champaign-Urbana is proud to announce our First EVER **Junior Leagues' Kids in the Kitchen!** Created by the Association of Junior Leagues International, or AJLI, the primary objective of this program is to educate the public about issues surrounding childhood obesity and poor nutrition and to help address the growing issues of childhood obesity and poor nutrition.

Working with Chef Ledent from the University of Illinois at Urbana-Champaign's Food Science and Nutrition Department, this program will help our communities address the urgent issues surrounding childhood obesity and poor nutrition. This program will offer lessons and demonstrations related to the preparation of healthy meals and snacks that are tasty, easy to prepare and affordable.

Place: Bevier Hall at the University of Illinois

Date: Wednesday, April 26, 2006

Who is Invited to participate: Children between ages of 8-10 at Garden Hills Elementary School

**Want to help? Want to sponsor? Have a question? Need more info?
Please contact Lori at the above for more information.**

The event and solicitation of national and international partners is coordinated by the Association of Junior Leagues International Inc. We are one of 160 local Leagues who have already chosen to participate.

The Junior League of Champaign-Urbana (JLCU) is a charitable, non-profit organization of more than 400 trained women volunteers. As one of 293 members of the Associations of Junior Leagues International, the resources and influence of the JLCU extend beyond our local community – to state, national, and international levels. Locally, JLCU's current projects include League Locker, Reading Buddies, and Books by the Bushel/Headstart, and Done in a Day.

Please see www.juniorleaguecu.org or contact Heidi Lynn Harrell at heidilynn11@yahoo.com.